

FLORIDA STATE[®]

The latest in FSU Men's Lacrosse News

In This Issue

**AN UNEXPECTED
ENDING TO OUR
LAST SEASON**

**PRACTICING
WITH COVID-19
PROTOCOLS**

**WHAT'S IN
STORE FOR OUR
TEAM IN 2021**

FOLLOW US:

IG: @fsumenslacrosse

Twitter: @FSULacrosse

www.fsulacrosse.com



Disclaimer: The pictures used in this newsletter are all from our previous season prior to COVID-19

A YEAR LATER...

March 11th, 2021 marks an entire year since our last lacrosse game of the 2020 season. No one knew we would be walking on to Bill Harkins field for the last time that night. Fears of COVID-19 spread across the world and led FSU to officially cancel our season to prioritize everyone's health and safety. As devastated as we all were for the unprecedented news of our season's cancellation, we were even more heartbroken that we wouldn't have the opportunity to gather as a team and say our farewells to our incredible seniors. After a great start to the season, it certainly wasn't the ending anyone expected...

FOLLOWING COVID-19 PROTOCOLS

To start off the Fall semester, our practices consisted of 10 players maximum for the first month and a half.

We then were able to increase to 20 players for the following month and a half. Between the months of November and March, we had groups of 30 players practicing. On Monday March 8, we had our first full team practice with every single one of our players- I'm sure you could imagine our excitement! We had no indoor team meetings; instead, we utilized Zoom for all coach/player meetings as well as team film sessions.



WHAT'S IN STORE FOR US IN 2021

This year has been one of the most challenging and unpredictable season's for our Noles, but it hasn't stopped us from being positive about the remainder of this year. We will have approval to play competitions after April 1st within the state of Florida while traveling. We would like to give a special thank you and show our appreciation towards FSU Sports Clubs and FSU Student Affairs Administration for giving us this opportunity to represent the university.

OUR 2021 SCHEDULE WILL BE RELEASED SOON!

Coach Darby Brower is working diligently to create our 2021 season's calendar. Once we have our games finalized, we will release our schedule!

SEAN MONAHAN

President



"Ever since our season was cancelled last march, our team learned how to adapt to any situation that's been thrown at us. I'm unbelievably proud of our teams' ability to stick together and push through a constantly changing environment. We've faced restricted numbers at practices without the chance to even let our hard work show through competition until now. Our senior class has set the standard from the beginning and it's clear to me that although this season has been unlike any other, every member of our team is a Seminole at heart waiting for the opportunity to represent the Garnet & Gold with integrity. The opportunity to compete beginning in April is our team's chance to show the fruits of our labor. We expect to have a successful season and we can not wait to show the MCLA that FSU Men's Lacrosse is back!"



KYLE YOUMANS

5th Year Returner

"This is by far the best and most team-oriented group of guys I've ever played with. We all mesh well together on and off the field and to play with this group of guys is the most fulfilling way to end my lacrosse career. Losing to Virginia Tech last year was not the way I wanted things to go out and this past year has given us the realization that any game can be our last. This year we are gonna leave it all on the field!!!"